



Buckeye Central Baseball

2022 Dates/Items of Interest/General Information

1. Complete the sign up information that was emailed to you in a Google Form.
2. Make sure you download Team App and join Buckeye Central Baseball (information sheet included). We will communicate through Team App and email.
3. Make sure you pick a hat size that will fit you. Hats to try on are in three sizes: S, M and L.
4. All baseball players will participate in the team program fundraiser. This will eliminate **ALL** out of pocket expense. Everybody will receive **two hats, two dri-fit undershirts (one long sleeve and one short sleeve), batting gloves, and socks**. Freshmen will also receive their own **personal helmet**.
5. **Weight lifting/winter throwing program begins Monday, Nov. 29 at the Football Field.** We will also do our throwing program. We will throw baseballs, tennis balls, and softballs into nets. Please enter through visitors' locker room door.
6. **Hitting begins Tuesday, Jan. 4.** Just like in the past hitting sessions are mini-practices and coaches are allowed to coach groups of six players. Your hitting time will be provided to you. Hitting will be at the park, **NOT** in the auxiliary gym.
7. **Conditioning begins Monday, Jan. 31.** Winter sport athletes will join when your season is over. We will combine conditioning with hitting.
8. **Practice begins Monday, Feb. 21. *NOTE: We do not have school on the first day of practice, BUT WE WILL HAVE PRACTICE. Time to be determined.***
9. If school is canceled due to weather, weight lifting/throwing, hitting, and/or conditioning are also canceled.
10. If school is canceled when actual practice is scheduled, practice time will be at 3:00 unless otherwise stated.
11. Please schedule any family trips around baseball practices, scrimmages and games. Preparation for the season is crucial to you **AND** your teammates. Therefore, missed practices/scrimmages for planned trips could result in a loss of playing time.
12. Keep your grades up! The results of the second nine weeks is important because we **START** baseball in the third nine weeks.
13. All handouts, schedules, fundraiser information and MUCH MORE is on the Buckeye Central Baseball website www.buckeyecentralbaseball.com. Also, follow us on Twitter @bcbucksbaseball and Facebook/Buckeye Central Baseball.
14. Winter sport athletes: **GOOD LUCK** with your seasons and don't worry about baseball until your season is over!